

General Resources

- ❖ Gender Spectrum - <https://www.genderspectrum.org/>
 - o Parenting Resources - <https://www.genderspectrum.org/resources/parenting-and-family-2/>
 - o Teen Resources - <https://www.genderspectrum.org/resources/teens-2/>
- ❖ Gender Diverse and Transgender Children - <https://www.healthychildren.org/English/ages-stages/gradeschool/Pages/Gender-Diverse-Transgender-Children.aspx>
- ❖ Parenting a Gender Diverse Child: Hard Questions Answered - <https://www.healthychildren.org/English/ages-stages/gradeschool/Pages/Parenting-a-Gender-Diverse-Child-Hard-Questions-Answered.aspx>
- ❖ Understanding Non-Binary People: How to Be Respectful and Supportive - <https://transequality.org/issues/resources/understanding-non-binary-people-how-to-be-respectful-and-supportive>
- ❖ APA Understanding Sexual Orientation and Gender Identity - <https://www.apa.org/helpcenter/sexual-orientation>
- ❖ Are You an Askable Parent? - <https://advocatesforyouth.org/resources/health-information/are-you-an-askable-parent/>

Groups

- ❖ Transforming Families, Los Angeles - <https://www.transformingfamily.org/>
- ❖ PFLAG - <https://pflag.org/>
 - o PFLAG Los Angeles - <https://www.pflagla.org/>
 - o PFLAG Chapters - <https://pflag.org/find-a-chapter>

Legal

- ❖ Lambda Legal - <https://www.lambdalegal.org/>
 - Know Your Rights - <https://www.lambdalegal.org/know-your-rights>
- ❖ My School, My Rights: A project by The ACLU of CA - <https://www.myschoolmyrights.com/lgbtq-student-rights/>

- ❖ National Center for Transgender Equality - <https://transequality.org/know-your-rights/schools>
- ❖ School Rights and more (continued from workshop)
 - [California Ed. Code 220 & 222](#), states that NO person shall be subjected to discrimination on the basis of disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sexual orientation.
 - [AB 1732](#), the Equal Restroom Access Act, this bill enacts every public buildings, institutions, and businesses have to have gender neutral restrooms. Allows students to access the restrooms matched with their gender identity.
 - [California Ed. Code 46010-46015 Article II](#), states that students have the rights to leave school without parent consent to seek confidential medical services and allows students to make up missing assignments.
 - [Seth's Law](#), AB 9 (Ed. Code 201, 234, 234.1-3) prohibits any type of discrimination against LGBTQ+ students in public institutions. School staff by law must intervene and take action.
 - [California's Gender Recognition Act](#), SB 179 allows state CA state ID to reflect individuals gender identity and able to mark non-binary gender marker.
 - [California Healthy Youth Act](#), Ed. code 51930-51939, states that public institutions must teach LGBTQ+ sex education.
 - [Leelah's Law](#), passed by the Obama's Administration, prohibits conversion therapy for Trans* and LGBTQ+ youths.
 - [AB 1266](#), Ed. Code 221.5, states that students are allowed to participate in non-academic courses and elective classes that matches with their gender identity.
 - [Family Educational Rights and Privacy Act of 1974](#), states that schools can not out you without your consent except in very limited circumstances.

Books

- ❖ A Guide to They/Them Pronouns - <https://www.goodreads.com/book/show/36580693-a-quick-easy-guide-to-they-them-pronouns>
- ❖ The Transgender Teen: A Handbook for Parents and Professionals Supporting Transgender and Non-Binary Teens - <https://www.goodreads.com/book/show/28256305-the-transgender-teen>

- ❖ Transgender History -
https://www.goodreads.com/book/show/2420983.Transgender_History
- ❖ Our Daughters, Our Sons, Our Children (PFLAG publication) -
<https://pflag.org/resource/our-children>
- ❖ The Transgender Teen: A Handbook for Parents and Professionals Supporting Transgender and Non-Binary Teens -
<https://www.goodreads.com/book/show/28256305-the-transgender-teen>
- ❖ Gender Born, Gender Made: Raising Healthy Gender-Nonconforming Children -
<https://www.goodreads.com/book/show/13261617-gender-born-gender-made>